

Alcohol

Index

professional

A directory of treatment services, contact points
and helplines for professionals working with
people misusing alcohol

May 2006

SAFER SOUTH GLOUCESTERSHIRE

SOUTH GLOUCESTERSHIRE CONTACTS & RESOURCES FOR YOUR SERVICE USERS

South Gloucestershire Drug & Alcohol Services (SGDAS)

08000 733 011 (freephone from call boxes and landlines - for service users)

01454 868750 (practitioners)

SELF-REFERRAL OK

South Gloucestershire residents with drug and alcohol misuse problems.

- 1:1 counselling
- Structured day care programme
- Ear acupuncture (helps with detox and relaxation)
- Proactive Outreach Services
- Shared Care
- Referral for Community Care Assessment
- Referral for aftercare services, including education, volunteering, employment and accommodation support
- Free first aid training for overdose

South Gloucestershire Young Peoples' Drug & Alcohol Services

01454 868763

www.southglos-drugs.org.uk

Parkman House

Lime Kiln Close

Stoke Gifford BS34 8SR

SELF-REFERRAL OK

For young people under 18 years.

There are no facilities to see young people at the service base. Young people are seen in a range of venues (schools, Connexions, health centres, at home).

- Access to specialist treatment services
- Advice
- Care Planning
- Detoxification support
- Harm reduction
- Information
- Liaison with and referral to other agencies as appropriate
- Relapse prevention
- Support for young person and their family/carer

Service Users Matter Most In Treatment (SUMMIT)

07709 504256

South Gloucestershire service user forum.

Battle Against Tranquillisers

0117 941 2020 (office)

0117 966 3629 (helpline)

www.bataid.org

PO Box 658

Bristol BS99 1XP

SELF-REFERRAL OK

For people who are taking Benzodiazepines and/or sleeping pills, whether prescribed or not.

- Advocacy
- Drop-In Centres
- Education and Training Services

- Helpline
- Home visits
- Individual Help
- Support Groups

Alcoholics Anonymous

0117 926 5520 (local)

0845 769 7555 (national)

www.alcoholics-anonymous.org.uk

The local contact has access to the most up-to-date listings of meetings in South Gloucestershire and the surrounding area. AA is open to all and is a free service. The only requirement for membership is a desire to stop drinking. There are weekly meetings in Downend, Filton, Thornbury, Hanham, Yate and Patchway, as well as daily meetings throughout the Bristol area.

Al-Anon

0207 403 0888 (helpline)

www.al-anonuk.org.uk

For family and friends of alcoholics. There are weekly meetings in Fishponds and Thornbury, and contact can be from this national number. Al-Anon advise that for reasons of confidentiality, many family members choose a meeting away from their own home area. You may like to tell your client that weekly meetings are also held in Clifton, Bristol Central, Stroud, Cheltenham and Gloucester.

Alateen

0207 403 0888 (helpline)

www.al-anonuk.org.uk/alateen.php

This is part of the Al-Anon group, for young people, aged 12-20 who are affected by someone else's drinking. Currently there are no meetings in South Gloucestershire, but there is a weekly meeting in Bristol.

CONNEXIONS

Kingswood 0117 961 2760

Filton 0117 969 8101

www.connexions-direct.com

Information, advice & support for young people aged 13-19

- Careers
- Learning
- Health (including drugs and alcohol)
- Free time
- Work
- Money
- Relationships
- Rights
- Travel

PROJECT 97

01454 862229

47 Regent Street, Kingswood

Information, advice and support for young people aged 11-25

- Careers
- Training opportunities

- Drug and alcohol awareness
- Safe sex
- Relationships
- Financial issues

NATIONAL ORGANISATIONS & RESOURCES FOR YOUR SERVICE USERS

www.avon.nhs.uk/alcohol

Bristol based website for patients, their families and Health Professionals, about the impact of alcohol and the help and resources available. Leaflets are available to download.

Drinkline

0800 917 8282 (National Alcohol Helpline)

www.wrecked.co.uk

NHS alcohol helpline & website. The phonenumber can direct you to local support based on your postcode.

www.drinkulator.org

Easy-to-follow guide for assessing drinking habits.

www.drinkaware.co.uk

Website providing guidance, advice and harm-reduction information. Promoted by the Portman Group (trade association of UK drink manufacturers)

www.bbc.co.uk/health/conditions/addictions/usefulcontacts_index1.shtml

List of national organisations and weblinks

www.patient.co.uk/showdoc/26738981

List of national organisations and weblinks

www.nhsdirect.nhs.uk

NHS Direct website: advice and guidance

0845 4647 (24 hour national helpline)

There are no NHS Walk In Centres in South Gloucestershire. The nearest ones are located in Bristol City Centre and Knowle West.

www.talktofrank.com

0800 776 600 (24 hour national helpline)

Young people's substance misuse information & advice service.

www.at-bristol.org.uk/alcoholandyou/default.htm

Resource page of information and advice

ORGANISATIONS FOR PRACTITIONERS

These are organisations which can provide further help, guidance and information for practitioners and professionals working with people who misuse alcohol.

BLACK & MINORITY ETHNIC GROUPS

Nilaari

0117 952 5742

www.nilaari.co.uk

184 Stapleton Road

Easton

Bristol BS5 0NZ

SELF-REFERRAL OK

Nilaari aim to provide a high quality and culturally specific service that will educate and empower Black young people and adults who misuse, or are at risk of misusing, drugs and/or alcohol in Bristol.

DOMESTIC VIOLENCE

Next Link

0117 925 0680

www.missinglinkhousing.co.uk/

Link House

5 Queen Square

Bristol BS1 4JQ

SELF-REFERRAL OK

Next Link provides safe temporary accommodation, a confidential helpline and other support services for women and children fleeing domestic abuse

Survive

0117 961 2999 (helpline)

0117 961 3222 (office)

PO Box 61

Bristol BS15 8XJ

Locally based agency run by women who have been in a violent domestic relationship or want to help those who are in such a relationship.

Women's Aid

0808 2000 247 (24 hour national helpline)

0117 944 4411 (office)

www.womensaid.org.uk

PO Box 391

Bristol BS99 7WS

Women's Aid Federation of England (Women's Aid) is the national charity working to end domestic violence against women and children. Their mission is to advocate for women and children who have been abused and to work locally and nationally to ensure their safety.

Men as Survivors Helpline

0117 907 7100 (Thursdays 7-9 pm)

National Telephone Helpline for men who have been raped or sexually abused at any time in their lives.

GOVERNMENT

www.drugs.gov.uk

Home Office principal substance misuse & alcohol website.

GYPSY TRAVELLERS

National Romany & Traveller Alliance

07949 182079

Drugs & alcohol advice line

South Gloucestershire PCT Travellers Health Unit

0117 330 2400

Provide healthcare to all travellers resident or passing through South Gloucestershire.

HARM REDUCTION

Alcohol In Moderation

www.aim-digest.com

Promotes sensible drinking messages.

HEALTH

South Gloucestershire PCT

0117 330 2400

National Treatment Agency

0117 900 3532 (regional office)

www.nta.nhs.uk

Government Office South West

2 Rivergate, Temple Quay

Bristol BS1 6ED

The NTA aims to increase the availability, capacity and effectiveness of treatment for drug misuse in England. This site includes details of the NTA's work programme, as well as publications and guidance for those in the drug treatment sector.

LICENSING

South Gloucestershire Council Licensing

01454 868686

The Council Office

Castle Street

Thornbury

South Gloucestershire BS35 1HF

The Licensing Section forms part of the Environmental Services Division within the Community Services Department and is responsible for administering and enforcing the sale of alcohol.

OLDER PEOPLE

Age Concern South Gloucestershire

01454 857754

www.ageconcern.org.uk

Promotes the well-being of all older people and helps make later life a fulfilling and enjoyable experience.

POLICE

Avon & Somerset Police

South Gloucestershire District
0117 945 4122
Broad Street
Staple Hill
Bristol BS16 5LX

Co-ordinates all initiatives that relate to alcohol related anti-social behaviour within South Gloucestershire.

Avon & Somerset Roads Policing Unit

0117 945 4933

Responsible for patrolling the roads, investigating incidents and promoting road safety.

www.drinkdrive.org.uk

0870 609 4562 helpline
PO Box 5028
Reading RG8 0WT
Information about drink-driving rehabilitation schemes.

RESEARCH

Alcohol Education and Research Council

0207 217 8896

www.aerc.org.uk

Room 408
Horseferry House
Dean Ryle Street
London SW1P 2AW

Funds projects within the United Kingdom for education and research on alcohol related issues.

www.alcoholconcern.org.uk

0207 928 7377
Waterbridge House
32-36 Loman Street
London SE1 0EE

The national agency on alcohol misuse. Working to reduce the incidence and costs of alcohol related harm and to increase the range and quality of services available to people with alcohol related problems.

www.drinkanddrugs.net

This website is for substance misuse specialists and those in the wider health, social care and criminal justice fields who deal with drug and alcohol issues in the course of their work. Subscribe to free fortnightly practitioner's magazine.

The Portman Group

0207 907 3700

www.portmangroup.org.uk

7-10 Chandos Street
Cavendish Square
London W1G 9DQ

Trade association of UK drink manufacturers

South West Public Health Observatory

0117 970 6474

www.swpho.nhs.uk

Grosvenor House
149 Whiteladies Road
Clifton
Bristol BS8 2RA

Research and information on public health issues.

TREATMENT

South Gloucestershire Drug & Alcohol Services

Refer to listing on page 1

Young Peoples' Drug & Alcohol Services

Refer to listing on page 1

Advice & Counselling on Alcohol & Drugs (ACAD)

0117 929 3028

www.acad.org.uk

15-16 Lower Park Row
Bristol BS1 5BN

ACAD is a charity helping those who are concerned about their own or someone else's drinking or drug use.

ACAD IS NOT FUNDED BY SGDAT AND YOUR SERVICE USER MAY BE ASKED TO PAY A FEE.

Addiction Recovery Agency (ARA)

0117 930 0282

www.addictionrecovery.org.uk

King's Court
King Street
Bristol BS1 4EE

ARA aims to provide treatment and support services to enable people to lead valued and fulfilled lives free from all forms of substance dependency. Services include residential rehabilitation, structured day-care and relapse prevention. ARA particularly address the needs of homeless people, or people in housing need, through the additional provision of housing support services.

THESE SERVICES CAN BE ACCESSED VIA A COMMUNITY CARE ASSESSMENT. PLEASE REFER YOUR SERVICE USER TO SGDAS. See page 1.

Robert Smith Unit

0117 973 5004

www.avon.nhs.uk/mentalhealth/dir/view.asp?item=209

12 Mortimer Road
Clifton
Bristol BS8 4EX

Bristol based specialised alcohol service.

NO SELF-REFERRAL

- The RSU provides assessment and treatment for people with alcohol problems including complex needs & dual diagnosis in Bristol & South Gloucestershire.
- Services include group work, counselling, community detox, education, relapse prevention and art therapy.
- This is an abstinence based service.

St James' Priory Project

0117 929 9100

www.stjamesprioryproject.org.uk

Walsingham House

St James Priory

Whitson Street

Bristol BS1 3NZ

This promotes an abstinence model of recovery from alcohol and drug misuse. Services include residential rehabilitation and third stage housing for people in recovery. The service is offered as a priority to those who have a history of homelessness.

THESE SERVICES CAN BE ACCESSED VIA A COMMUNITY CARE ASSESSMENT. PLEASE REFER YOUR SERVICE USER TO SGDAS. See page 1.

The SWAN Project

Start Winning Against Alcohol Now

0117 989 2521

www.akousis.co.uk (link to SWAN)

1 Fairlawn Road

Montpelier

Bristol BS6 5JR

The SWAN Project is a support and stabilisation project for people who want to change their drinking pattern.

THE SWAN PROJECT IS NOT FUNDED BY SGDAS AND YOUR SERVICE USER MAY BE ASKED TO PAY A FEE.

Turning Point

0207 702 2300

www.turning-point.co.uk

National drug and alcohol treatment providers.

New Loom House

101 Backchurch Lane

London E1 1LU

TURNING POINT IS NOT FUNDED BY SGDAS AND YOUR SERVICE USER MAY BE ASKED TO PAY A FEE.

Alcohol Forum

www.ukalcoholforum.org

Web based organisation set up to campaign for quality and uniformity of treatment. Alcohol Forum is an independent, multidisciplinary group of experts in the treatment of alcohol problems. Membership includes psychiatric clinicians, a professor of psychopharmacology, a health economist and a lawyer, as well as representatives from general practice, mental health nursing, primary care commissioning and community alcohol services.

UNBORN CHILDREN

NOFAS-UK

0208 458 5951

www.nofas-uk.org

14 B Hoop Lane

London NW11 8JL

NOFAS-UK is committed to helping individuals with Foetal Alcohol Spectrum Disorder (FASD), their families and carers by promoting public awareness about the risks of alcohol consumption during pregnancy with the goal to reduce the number of babies being born with FASD.

YOUNG PEOPLE

Connexions Direct

080 800 13219

www.connexions.gov.uk/partnerships

For Connexions practitioners and those who work with young people.

See page 1 for local contacts

National Association for Children of Alcoholics (NACOAA)

0800 358 3456 (helpline)

0117 924 8005 (office)

www.nacoa.org.uk

PO Box 64

Fishponds

Bristol, BS16 2UH

NACOAA was set up in 1990 to address the needs of children growing up in families where one or both parents misuse alcohol, or have other problems with dependency. It has four aims:

- To offer information, advice and support to children of alcoholics through its free confidential Helpline and website.
- To reach professionals who deal with children of alcoholics in their everyday work, educating them concerning their specific needs.
- To raise the profile of children of alcoholics.
- To promote research into the nature and extent of the problems they face

ERRORS? OMISSIONS? ADDITIONS?

This Index is produced on behalf of Safer South Gloucestershire Drug & Alcohol Services. We hope you find this information helpful and useful. If you can recommend additions to it or if something needs to be corrected, please let us know.

The electronic version of Alcohol Index Professional can be downloaded from:

www.southglos-drugs.org.uk

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01454 868586

Email

dat@southglos-drugs.org.uk

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Lime Kiln Close

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